Sunday 1 August 2021 John 6:24-35 18th Sunday in Ordinary Time

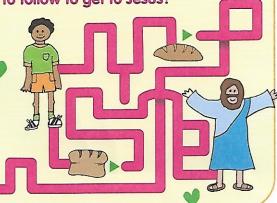
IN THE GOS PEL TODAY

Jesus tells the people that he is the bread of life and if we believe in him we can live forever and be happy with him.

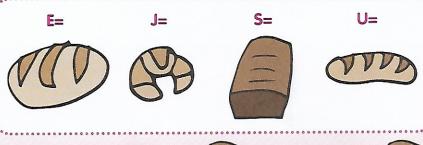
LIVE FOREVER! .

Which path does Ben need to follow to get to Jesus?

Two paths lead to delicious loaves of bread. But after Ben has eaten them, he will get hungry again. Jesus says that if we are friends with him, we won't feel hungry for bread anymore and he will fill us up with his love.



Who is the bread of life?





Jesus fills us with good things!

Here are some things which may make you feel joyful. Look up and down, backwards and forwards to find them:

> HOPE LOVE JOY PEACE LIFE

H J O Y O
O V G Z V
P E A C E
E F I L M

I will follow Jesus when I...

How can you follow in Jesus' footsteps?

Draw a picture of yourself inside the footprint doing something kind and loving.

A PRAYER TO SAY

Dear Jesus, thank you for feeding me with your love. When things bother me, help me to remember that the one thing that never changes is that you love me and that I can be happy with you forever. Amen.

Answer: The bread of life is Jesu