contemplative lifestyle" (Laudato Si', 222), and this pairing is found very Francis tells us that Christian spirituality "encourages a prophetic and

be protectors of God's handiwork is essential to a life of virtue; it is not an optional or a is also a summons to profound interior conversion". What all of us need, says Francis, of the prophetic and the contemplative helps us to understand why "the ecological crisis wonder which takes us to a deeper understanding of life" (Laudato Si', 225). This pairing secondary aspect of our Christian experience" (Laudato Si', 217). become evident in [our] relationship with the world around [us]. Living our vocation to is an 'ecological conversion', whereby the effects of [our] encounter with Jesus Christ lived out authentically, it is reflected in a balanced lifestyle together with a capacity for both by inner peace and outer tranquillity in the face of opposition. Francis observes that Inner peace is closely related to care for ecology and for the common good because, ear" (Isaiah 50:4-5). This lifestyle helps Isaiah to tread a path characterised contemplative prayer, "to listen like a disciple. The Lord has opened my to the wearied". The Lord also wakes him each morning to engage in strongly in the first reading today. Isaiah says that he has been given the prophetic tongue of a disciple, so that he "may know how to reply

#### Mass text

### **ENTRANCE ANTIPHON**

the King of Israel. Hosanna in the highest blessed is he who comes in the name of the Lord, Hosanna to the Son of David;

of the Hebrews proclaimed the resurrection of As the Lord entered the holy city, the children ANTIPHON as the procession enters the Church life. Waving their branches of palm, they cried Hosanna in the Highest.

him. Waving their branches of palm, they cried coming to Jerusalem, they went out to meet Hosanna in the Highest. When the people heard that Jesus was

FIRST READING Isaiah 50:4-7

PSALM Psalm 21

RESPONSE My God, my God, why have you forsaken me?

- All who see me deride me. let him release him if this is his friend." R. "He trusted in the Lord, let him save him; They curl their lips, they toss their heads.
- Many dogs have surrounded me, can count every one of my bones. R. They tear holes in my hands and my feet. band of the wicked beset me.

- 3. They divide my clothing among them. my strength, make haste to help me! R. O Lord, do not leave me alone, They cast lots for my robe.
- I will tell of your name to my brethren all sons of Jacob, give him glory. Revere him, Israel's sons." R. and praise you where they are assembled "You who fear the Lord give him praise;

@redemptorist

SECOND READING Philippians 2:6-11

## GOSPEL ACCLAMATION

Praise to you, O Christ, king of eternal glory Praise to you, O Christ, king of eternal glory. But God raised him high even to accepting death, death on a cross. Christ was humbler yet, and gave him the name which is above all names.

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GOSPEL Mark 14:1 - 15:47

## COMMUNION ANTIPHON

Father, if this chalice cannot pass without my your will be done. drinking it,

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Next Sunday's Readings:



# SUNDAY BUI

HINKING EVILL

# TIONS SPEAK LOUDER THAN WORDS

cross. I have often thought, reflecting on this, that from the point speaks only once to the high priest, once to Pilate and once on the asleep. When he is arrested, he explains that what is happening is stay awake while he prays, but they are not able to do so and fall and celebrating it with them. Afterwards, he takes them to the and followers, making the arrangements for the Last Supper as a priest, I have taken the voice of Jesus in the narration. In the story unfolds. This is particularly clear when, as I have often done of his arrest onwards, Jesus' actions speak louder than his words to fulfil the scriptures, but from that point on he says very little. He Garden of Gethsemane, where he asks Peter, James and John to first half of the reading, Jesus is mostly speaking to his disciples Sunday, I am struck by what happens to the voice of Jesus as the Whenever we read the passion according to Mark on Palm

we read this passage in the context of our reflections on Laudato of ointment, which she breaks, and silently anoints his head. As Si', her action tells us, as Pope Francis puts it, that we "are always the leper, where Jesus is at dinner. She is carrying an alabaster jar louder than words, when a woman comes into the house of Simon Mark's passion narrative begins with another action that speaks

was in her power to do: she has of assessing the impact of our attune us to the moral imperative and self-absorption". In our time, called to undertake prophetic action anointed my body beforehand for challenged: "She has done what as Jesus points out when it is capable of going out of ourselves every action and personal decision Francis says: "These attitudes also the sake of others" and rejecting in our lives, "caring for things for its burial" (Mark 14:8). We too are towards the other" (Laudato Si', "every form of self-centredness Her action is prophetic,

creation through little daily actions" and that learning to act in this saying that she has performed "one of the good works" (Mark way "can bring about real changes in lifestyle" (Laudato Si', 211). is challenged for wasting valuable ointment, Jesus defends her, on the world around us" (Laudato Si', 208). When the woman Francis insists that there "is a nobility in the duty to care for 14:6). Our good works are not always as noticeable as hers, but

### A journey

through

### Lent with





SDB reflects on the Dr Martin Poulsom contemplative lifestyle call to a prophetic and life of virtue. that is essential to a



#### 28 MARCH 2021

PASSION OF THE LORD PALM SUNDAY OF THE

DIVINE OFFICE WEEK II

